

# MONTENEGRO

Wild Beauty

# TIVAT, I AM PLEASED!

**Tivat**



TOURISM  
ORGANISATION  
MUNICIPALITY OF TIVAT



Dear guests,

Tivat is a city that is both simple and difficult to describe. It is very easy to learn to love it, even to decide to make it your home. Tucked away in the beautiful Boka Bay, yet with access to the open sea, Tivat lies at the foot of Mount Vrmac. From its peak, the view opens up to the Lovćen Mountains and the blue sea that surrounds it. The clear sky is pampered by the sun 300 days a year. The city is modern urban and Mediterranean in equal measure. Stroll along the shore and feel the change from the pebble beach to the modern and romantic Pine promenade, past trendy restaurants to the fabulous atmosphere of Porto Montenegro. Or discover the dazzling splendour of Luštica Bay. Tivat stands for elegance on the Adriatic coast, but Tivat is much more.

The three islands, the "Islands of the Saints", are Tivat's special treasures in the azure sea. Behind the monastery doors there, many a monk can tell wonderful stories about the place.

The surrounding picturesque fishing villages are small oases. They reflect the quiet and rustic life of the Boka. Go fishing with local fishermen very early in the day. Explore the hiking and cycling trails. Learn to sail, surf or dive, or play a game of boules. Look forward to unusual discoveries and get involved with new, exciting tastes.

The people of Tivat are hardworking, honest, polite and hospitable. They love their city, nurture its heritage and develop it tirelessly. Green, healthy and well-kept is what the city should be. The people of the municipality, whether from the city or the countryside, appreciate Tivat's authentic



**DANICA BANJEVIĆ, Director of the Tivat Tourist Organisation**

Mediterranean lifestyle, which makes life here very pleasant. Tivat is also full of culture. Countless events are organised. Not only for the guests. The locals also enjoy the wide range of activities on offer. Life is entirely community-oriented.

Never before has Tivat been so attractive and exciting. The city is no longer only known for its classic elegance, but also for its innovations. It takes two to love! The same goes for people and the places they feel connected to. Tivat is firmly moored to its harbour, waiting to make your acquaintance. With this brochure, we would like to invite you to join us on our journey. You may leave the rest to us and our hospitality. That's a promise!

A warm welcome!

A handwritten signature in black ink that reads "Danica Banjevic". The signature is fluid and cursive, written in a personal style.



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Wherever you are coming from, there are many ways to get to Tivat.



**By plane** – Nothing could be faster, because the international airport in Tivat is only three kilometres away from the city centre;



**By car or motorbike** – The Adriatic coastal road, the Jadranska Magistrala, connects the city with the rest of Europe by land;



**By boat** – In the marina of Porto Montenegro and Luštica Bay you will find a safe harbour if you arrive by water.



**By bike or e-bike** - Whether with or without electric assistance - you are welcome in Tivat.



TIVAT AIRPORT

No matter if you spend your whole holiday here or just want to get to know the city for a day. You will quickly feel the Mediterranean lifestyle, which the locals also appreciate. People here take it easy and enjoy life. Everything is close together in the city centre, so you can easily get around on

foot or by bike. Whether you want to go on a small or large discovery tour, you can rent the right means of transport locally. From a bicycle to a car, from a small boat to a comfortable yacht. Or you can take to the skies in a helicopter and see this paradise from above.



## *Allow me, Tivat my name!*

According to some sources, Tivat was named after the Illyrian queen Teuta. This dates back to the 4th century BC, when the Illyrian tribe of Ardiaei populated the Boka area. The earliest mention of today's Tivat with the name Teodo dates back to 1326. Some researchers assume that the name is due to the names of Christian saints, such as Sanctus Theodorus, Theodosius, Theodotus, Theodulus or the medieval Theudo, Teodo. Others associate the name with the Celtic word "touto", meaning city. Some claim that the name Tivat comes from the ancient Greek word **τίφώδης**, meaning "swamp", as some parts of the municipality have corresponding geomorphological features.

Thus, to this day, legends and scientific theories entwine around the origin of the



name. Various cultures, epochs and languages have been used in the derivation.

In more recent history, Tivat itself was given its name: a 3.6-kilometre-wide crater on the surface of Mars was named Tivat. Galactic!



# *Tivat, who are you?*

*Tivat is...*

*Let me introduce you*

- ... THE SUMMER RESIDENCE OF NOBLE FAMILIES
- ... ENCLOSED BY THE BAY AND YET FACING THE OPEN SEA
- ... THE CITY OF THE "HOLY" ISLANDS
- ... WORLD CULTURAL HERITAGE
- ... A SAFE HARBOUR FOR THE MOST BEAUTIFUL YACHTS
- ... THE HOME OF SAILORS AND HOST OF WORLD-FAMOUS REGATTAS
- ... THE CITY OF EVENTS

Tivat is just like its people: friendly, hardworking, warm, open-minded, wise, learned and cosmopolitan. The sea has taken its inhabitants out into the world and they have returned home with new experiences. They have invested their hard-earned money in their homeland. From all continents they brought plants to plant in the gardens and parks. Here, in the warmest city of the Boka, they were able to thrive and found a new home.

Today, Tivat is a popular place to live for people from all parts of the world. Tivat was and is a cosmopolitan town. You can feel that when you look around: When there is an Orthodox altar next to the Catholic one, two churches - peacefully side by side. When modernity and tradition meet. When original recipes meet the extravagant refinement of international cuisine. When the stranger suddenly becomes a friend.

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## A STORY FULL OF TURNING POINTS: HOW TIVAT BECAME A FIRST-CLASS TOURIST DESTINATION AGAINST ALL ODDS.



The Bay of Kotor has lived through Illyrian, Roman-Byzantine, Serbian, Venetian-Turkish and Austrian eras. All have left their visible traces. Tivat's heritage is therefore rich and diverse.

The time when aristocratic rulers shaped many areas of daily life was a peaceful era. Until the 19th century, people lived a quiet, safe and pristine, if not always easy, life by the sea. The men took their catch from the fishing nets, built stone walls with hard manual labour to plant olive groves on the Luštica peninsula. The skilful women conjured up delicious meals from everything their husbands grew or nature offered them. Even today, these delicacies are served on the tables of rural households or in the numerous restaurants in town.

Towards the end of the 19th century came a turning point in Tivat's history that greatly shaped the town for the next hundred

years. The Austro-Hungarian navy recognised Tivat's strategic location and in 1888 began buying land and building a shipyard. In 1889, the municipality of Tivat also decided to give the naval command the land between the capes Seljanovo and Pakovo for the construction of an arsenal. At the time, it was the first and most significant investment of this kind on the coast of Montenegro. Tivat became a shipyard and a naval base. For more than a century, skilled craftsmen, locksmiths and shipbuilders were trained here.

The Austro-Hungarian admiral Maximilian von Sterneck, who commissioned the construction of the Arsenal, also ordered the creation of a park around the shipyard in 1889. Since then, the large city park has been the green heart of the city. Today it is hard to imagine that Tivat was an industrial town. However, some traces can still be discovered, for example in the "Maritime

ARISTOCRATIC RULERS ENSURED A PEACEFUL ERA THAT STILL SHINES TODAY.  
BUT TIVAT'S HISTORY STILL TOOK MANY TURNS.



TIVAT WON THE FIRST PRIZE IN THE CATEGORY "NATURE AND ECOTOURISM" AT THE GREEN DESTINATIONS SUSTAINABLE STORY AWARD AT THE ITB IN BERLIN. IT WAS AWARDED AS A GOOD PRACTICE EXAMPLE FOR THE PROJECT "RESTORATIVE CHANGE MANAGEMENT OF THE SPECIAL NATURE RESERVE TIVATSKA SOLILA".

Heritage Collection" in Porto Montenegro. The exhibits show the history of the shipyard and its heritage for the city. The visit to the submarine "Heroj" (Hero) is certainly the highlight there.

2007 brought another turning point. The transformation of the former Austro-Hungarian naval base, i.e. the area of the "Sava Kovačević" shipyard and the military buildings, was to change the face of the city once again. A dreary industrial site became a marina and a top-class resort known as Porto Montenegro. This was the beginning of Tivat's transformation into a first-class tourist destination and a modern, liveable city. Other similar developments, such as Luštica Bay, followed.

Today, Tivat is synonymous with maritime tourism. Not only because of the boats and yachts of all colours and sizes, but also because sailing is a fundamental part of life in this city.

The locals like to be associated with the symbol of the magnolia blossom, one of the city's emblems. The magnolia stands for dignity and perseverance as well as for the love of nature. A description that fits well with the inhabitants of Tivat.

Tivat won first prize in the category "Nature and Ecotourism" at the Green Destinations Sustainable Story Award at the ITB in Berlin. It was awarded as a good practice example for the project "Restorative change management of the special nature reserve Tivatska Solila".

# WORTH SEEING

*Look at this!*



WORTH SEEING



Town promenade

# Pine

**A BOULEVARD OF LIFESTYLE**

If you want to discover a city anew for yourself, you should simply mingle with the locals. Walk the same paths as they do, sit down in the same cafés and have your first sip of coffee there in the morning. In Tivat, this place is the Pine promenade. Neighbours and friends meet here, families with children or couples. People go for walks



together. Many get to know each other here or fall in love. Watching people strolling, sitting in a café or chatting, you get a feel for this special lifestyle. And if you get into conversation with the locals, you realise quite quickly: no one is a stranger here. Everyone is welcome.

Pine merges seamlessly into the waterfront promenade of Porto Montenegro. It seems like you can stroll on forever. The view sweeps over the maritime scenery: the seagulls, the masts of the sailing ship "Jadran", the sea. A photo motif that no one wants to miss.

Take a front-row seat in one of the cafés and restaurants overlooking the bay. Enjoy the atmosphere and, just like the locals, have a piece of crempita (cream cake).



# The great city park

## THE GREEN LUNG WITH A RICH HISTORY

The City Park of Tivat is more than a green space. It is a living witness to the city's rich history and closely linked to its maritime tradition. To this day, it is lovingly cared for by the town and its people. Again and again, new tree species find their way into the oasis in the heart of Tivat. The trees, some of which are up to 130 years old and 25 metres

high, provide you with soothing shade on a hot day. Discover the peace and quiet there during a walk. Let yourself be enchanted by the countless shades of green and the special atmosphere and breathe in the history of the city.

It was sailors from Tivat who started it all. They brought back exotic plants from all over the world from their travels. Back home, the trees and shrubs were planted and a botanical garden was created. Under Austro-Hungarian rule, the park was established in 1892 on the land of the noble families Radalli and Verona from Kotor. Among the vineyards, the families had their summer residence there, of which a plaque with a German inscription still bears witness today. The park became a resort for the Austro-Hungarian navy and was later maintained by the Yugoslav navy. It has been a protected nature reserve since 1968 and

was declared a natural monument in 2015.

With your eyes open, you can go in search of clues. At the heart of the park is a fish pond with a fountain. Next to it, a monument commemorates the naval officers Spasić and Mašera. During the Second World War, the two heroes refused to hand over their ship to the Italian forces. Instead, they sank it and died in the explosion on 17 April 1941.

Do you also have a green heart? Then let yourself be inspired by the variety of trees and shrubs: Aleppo and maritime pines, eucalyptus, evergreen and purple magnoli-

as, cypresses, cedars, plane trees, linden trees, trumpet trees, cedrach trees, downy oaks, cherry laurels, carob trees, acacias, horse chestnuts, and even old blue-rainbows climbing up a pine tree. The park is also home to two Chilean araucaria, often claimed to be unique in Europe.



**THE LARGE CITY PARK HAS BEEN A PROTECTED NATURE RESERVE SINCE 1968 AND WAS DECLARED A NATURAL MONUMENT IN 2015.**



WORTH SEEING

# Summer residence Buća Luković

## A LOOK AT THE ARISTOCRATIC HISTORY BEHIND THE SHUTTERS

Long ago, noble and distinguished families from Kotor chose Tivat as the perfect place for their beautiful summer residences. The most monumental and best preserved building of this kind is the Buća Luković from the 14th century. The buildings were built by the best craftsmen and sculptors of the time. Even then, it became clear that Tivat was predestined to become the exclusive tourist destination it is today.

The name of the impressive building goes back to the two families who owned it at different times. The Buća noble family from Kotor, which produced a number of distinguished personalities - from businessmen, financiers and diplomats to theologians - in the 14th and 15th centuries, owned the palace until the 19th century. It was built in several stages, which can be seen today in the different

architectural styles of the individual buildings. The residence comprised several units:



WITH A LITTLE IMAGINATION, YOU CAN GO BACK IN TIME AND PICTURE NOBLE LADIES AND ELEGANT GENTLEMEN WALKING THROUGH THE CORRIDORS OF THE BUILDINGS.

the residential house, a farm building, the chapel of St. Michael and the tower with its imposing entrance gate. In addition, a vineyard and a large garden belonged to the estate. A stone footpath with 130 decorative stone columns led to the sea. With a little imagination, one can transport oneself back to that time: Noble ladies stroll through the gardens and are beguiled by the scent of roses, cypresses and jasmine blossoms. While the gentlemen enjoy the view of the sea from the baroque terrace and drink a glass of good wine.

In 1812, the summer house changed hands and went to Tripo Luković. In 1888, the heirs of the Luković family left part of their property to the municipality of Tivat. This was used by the imperial-royal navy of the Austro-Hungarian monarchy to build a naval arsenal. In the mid-20th century, an open-air theatre was built on the site in the garden where the footpath to the sea once ran.



The magical setting still provides the special atmosphere for theatre performances today. The spirit of times past thus remains alive and contributes to its popularity with visitors.

The imposing 15-metre-high fortified tower dating from 1548 is now used as an art gallery.

# School ship Jadran

ETERNALLY YOUNG  
AND BEAUTIFUL

Whether it is moored at the city quay or in full sail on the open sea: the training ship "Jadran" is a breathtaking beauty. With its 12 white sails, it is an eye-catcher among the modern boats on the Boka.

It took two years to build the ship in Hamburg. After its completion in 1933, it was welcomed with a spectacular ceremony in its then and now home port of Tivat. For a while, however, the Jadran lay at anchor

outside her home port. During the Second World War, she was used by the Italian Navy under the name "Marco Polo". After Italy's surrender, she was completely looted and later used as a bridge in one of Venice's canals. But in the end she always returned to where she belonged - Tivat.

Time has undoubtedly left its mark on the ship. But it still proudly and mightily waits for new students. Many generations of naval cadets and thousands of seafarers have learned and learned to love their craft on the floating classroom. More than 11 kilometres of rigging are operated purely by hand to control the 800 square metres of sail. She can sail for 15 days without having to call at a port. Although she used to carry weapons, the Jadran was never used as a warship.

Her longest voyage took her to America. On 21 June 1938, she entered the port of New York. On this occasion, the crew visited the famous scientist Nikola Tesla. They gave him a copper engraving with the image of the ship.

The Jadran is the emblem of Tivat and its maritime tradition. The town and the ship are closely connected. Like a sailor who sails the seas and always returns home to his family. Few people leave Tivat without taking a photo alongside the sailing ship.





The village

# Gornja Lastva

**PRESERVED IN  
ITS ORIGINALITY**

On the sunny slopes of the Vrmac, with a fantastic view of Tivat, lies Gornja Lastva with its ancient stone houses. Nestled between Mediterranean-scented shrubs and stone walls.

Although the village used to have only 50 inhabitants, it has always been very lively. As in other mountain regions, large parts of the rural population moved to the cities in search of an easier life after the Second World War. And although Gornja Lastva also met this fate, it has not been forgotten. People are returning, renovating the old houses or building new ones. This also attracts more and more visitors.

The village is unique in many ways. Starting with the architecture and the traditions and customs associated with it. In every stone you can feel not only the beauty of nature, but also the power of the industrious hands that worked it. And stone is omnipresent: in the houses and walls, in the typical stone garden furniture and in the stone vessels for storing olive oil. In the village there is an olive mill from the 19th century. It is still functional, but is no longer used. However, it is patiently waiting for future olive growers. Because even today, olives can still be ground there as they were 200 years ago.



By hand and with much love. Seven olive farmers in the village used to use it for processing olives. Today's descendants of the former inhabitants understand the rich cultural history of Gornja Lastva as a calling and an obligation. They want to preserve the traditions of their village.

The mill belongs to the Church of the Nativity of the Virgin Mary, which dates back to 1410. The charming village church, built 600 years ago, houses many valuable artefacts. They have been carefully cared for over the centuries and can be admired by visitors.

If you are in Tivat on the first Saturday in August, you should definitely experience Gornja Lastva and its inhabitants up

close. Because that is when the Lastva festival takes place! But even if you miss this event, you can be sure that the residents will warmly welcome every guest. So don't be surprised if you are invited into a house to drink home-made schnapps and hear stories of times long past. You



### How is olive oil produced in the mill of Gornja Lastva?

Even today, the locals can demonstrate the traditional production process. First, the olives were ground by hand for about 45 minutes in a stone container with a millstone. The crushed olives were placed in woven baskets made of spanish broom, which were placed under the press. The press, also operated by hand, extracted the oil, which was collected in a stone vessel. After the oil was filtered, it could be stored in suitable containers.

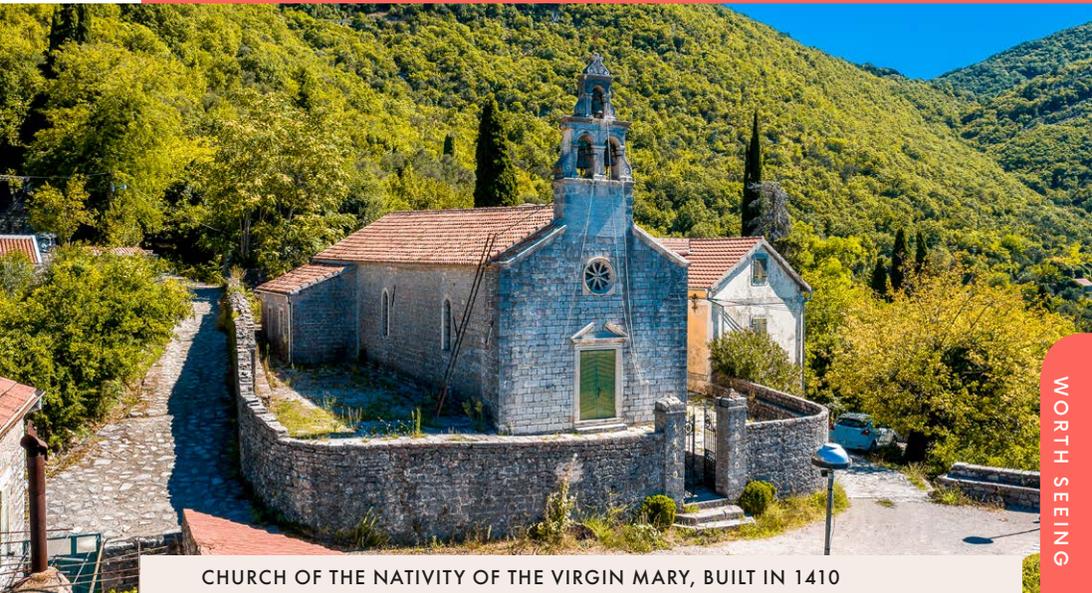


The descendants of the former inhabitants understand the rich cultural history of Gornja Lastva as both a calling and an obligation. They want to preserve the traditions of their village.

might also be told the legend of the hidden treasure. It is said to be hidden on the hill

Popova glava, which is littered with Illyrian gravestones, the tumuli.

**GORNJA LASTVA IS UNIQUE IN MANY WAYS. STARTING WITH THE ARCHITECTURE AND THE TRADITIONS AND CUSTOMS. IN EVERY STONE YOU CAN FEEL THE BEAUTY OF NATURE AND THE POWER OF THE HARDWORKING HANDS THAT CARVED IT.**



**CHURCH OF THE NATIVITY OF THE VIRGIN MARY, BUILT IN 1410**

WORTH SEEING



# Donja Lastva

**MOUNTAINS, COAST, SUMMER FLAIR**

Donja Lastva lies a good 2 kilometres northwest of the town centre in the direction of Lepetane. Nestled between the slopes of Vrmac and the sea lies the picturesque settlement with its Venetian architecture. The beautiful stone houses with wooden shutters and playful front gardens spread flair. The promenade is lined with palm and oleander trees and furnished with small footbridges and bench-

es. The scenery is reminiscent of old paintings with graceful coastal scenes. About thirty summer residences of noble families from Kotor are said to have once been in the village. The bell tower of St. Roch's Church (Sveti Roko) cannot be overlooked.

A beautiful walk leads from Donja Lastva to the town. It follows the waterfront promenade, also called Lungomare.



# Vrmac

## IN LOFTY HEIGHTS BETWEEN TIVAT AND KOTOR

Seen from above, Vrmac could be mistaken for a ship created by nature that has just entered the waters of the bay. The peninsula with its mountain ridge rises proudly out of the sea. Vrmac separates Kotor from Tivat and is also the link between the two towns. From its peaks and slopes there is a magnificent view of both towns and their hinterland. But also of the bay itself, the open sea and the Lovćen mountains. A tour over the Vrmac is an experience for all the senses. It is not only the view that delights. Here, the salty sea air mixes with a potpourri of scents of Mediterranean shrubs, aromatic herbs and the gentle smells of wild chestnut and black pine.

The ridge is mostly overgrown with the typical Mediterranean maquis. Here and there, a few pastures provide variety amidst the stone fields. It is also recognised as an important European mushroom area. The Vrmac is eight kilometres long and five kilometres wide. The highest peaks are Sveti Ilija (785 m above sea level) and Velji vrh (712 m above sea level). Both the special biological diversity and the cultural heritage

characterise the authentic landscape of Vrmac. Farmers, craftsmen, seafarers and intellectuals have left their mark on the settlement. A perfect blend of untouched nature and old rural architecture make the peninsula a jewel.

Because of its geographical position, Vrmac has always been of geostrategic importance. The remains of fortifications built and used by the various ruling powers over the course of time still bear witness to this today. Be it for the defence of the borders of the Ottoman Empire, the Republic of Venice or the Austro-Hungarian monarchy.

For hiking enthusiasts, there are hiking trails around and on the Vrmac. Mountain bikers also get their money's worth here. Clear drinking water bubbles up from numerous springs, providing refreshment along the way. And in the villages along the way you will feel as if you have stepped back in time. From the summit you can enjoy the unique view: over the Boka, the Bay of Kotor and the Mediterranean Sea. The highlight of a tour on Vrmac.





PLIĆINA TUNJA - THE "TUNA SHALLOW" - IS A SHALLOW WATER STRIP ABOUT ONE KILOMETRE LONG NORTHWEST OF THE ISLAND OF SVETI MARKO/STRADIOTI.



# The flower island

– MIHOLJSKA  
PREVLAKA

## A SMALL ISLAND WITH A BIG HISTORY

It's hard to tell whether this special place is an island or a peninsula. In fact, it is something in between. The 300-metre-long and 200-metre-wide island is connected to the mainland by a strip of sand (and a bridge). At least as long as it is not flooded at high tide.

The small islet is known by two different names. The name Ostrvo cvijeća (Flower Island) came about because the island was lush with herbs and flowers, palms and olive trees. The rich vegetation and a variety of animals made it a living organism.



The island was named Miholjska Prevlaka in honour of the monastery of the Archangel Michael, which was built there in the 6th century. In the 13th century, the monastery encompassed the entire island and was the seat of the Zeta episcopate.

A visit to the island is worthwhile! Breathe the fragrance, feel the spirit of history, visit the monastery, listen to the monks' stories or simply enjoy a long day on the beach.





# Ostrvo Gospa od Milosti /

ISLAND OF SPIRITUAL REFUGE

The name Gospa od Milosti ("Our Lady of Mercy") or Školj is often heard when people talk about islands in the bay. This usually refers to the smallest of the three islands that lie opposite Tivat. The Celestine monks came here in 1479. In the 16th century, however, they lost importance and the monastery was taken over by the Franciscans in 1524. They built the present monastery and church in honour of the Virgin Mary. In 1620

the monastery and church were sacked by the Turks, but rebuilt by donations from the Franciscans. In the 19th century, the island was taken over by the parish priests of Krtoli and Krašići. On 27 January 1844, lightning struck the church bell tower during a strong thunderstorm, causing considerable damage to the church and monastery. One priest died as a result, another was injured. However, an old wooden sculpture of



the Virgin Mary from the 15th century remained unscathed. To this day, the faithful therefore make a pilgrimage to the island to pay homage to her.

The island is only about 100 metres long and 50 metres wide. Drinking water is obtained from a well. The monastery houses one of the richest libraries in the region with rare theological and scientific works. There is still an ancient Roman altar on the island dedicated to Juno Lucina (goddess of childbirth).





# Ostrvo Sveti Marko (STRADIOTI)

## THE MAGIC OF AN ISLAND

With an area of 34 hectares, Sveti Marko is the largest island in the Boka. It can be reached by boat in just 20 minutes from the Pine pier.

The island has a turbulent history and legends that are difficult to verify, albeit convincing. At the time of the Nemanjić dynasty, the island bore the name Sveti Gavrilo, as it housed the Orthodox monastery of

Saint Gabriel. The name Stradioti, on the other hand, dates back to Venetian times. At that time, a camp of soldiers of Greek origin (stradiotes - Greek for soldier) was located here. Legend has it that this place was chosen by the Greek gods as a resting place for deserving soldiers because of its extraordinary natural beauty. The only condition was that the soldiers did not go to war. So they began to plant olive trees and



ask forgiveness for their sins. But it was not long before they became restless and went to war again. This angered the gods, who sent a terrible storm that destroyed everything on the island. The soldiers were killed, only the olive trees remained standing. Whether one believes that this sacred tree is a witness to legend or that the island simply proved to be a good home for it is up to each person.

The scent of the cypresses made the island an ideal place for tourism. Between 1962 and 1991, it was home to the Club Méditerranée "San Marco". The resort offered 300 exotic Polynesian-style reed huts, some of which can still be seen on the island.

Today the island is deserted. But if you are looking for dense forest and a hidden beach, you will still find it here.

# CITY CENTER

## Tivat

-  City Hall
-  Tourist Information
-  Infirmary
-  Emergency Medical Service
-  Post Office
-  Home Office
-  Police
-  Fire brigade
-  Pharmacy
-  Taxi
-  Car park
-  Car park
-  Depository
-  Bicycle rental
-  Petrol station
-  Toilet
-  Market
-  Fish market
-  Cash machine
-  Supermarket
-  Ferry
-  Marina
-  Harbourmaster
-  Boat trips
-  Diving club
-  Sailing club
-  Porto Montenegro
-  Border/Customs
-  Park
-  Sports centre
-  Church





V

R

M

A

C

Gornja Lastva

Durđevo Brdo

Seljanovo

Markuševina

Mažina

Tripovići

Gornji Kalimanj

CITY PARK

Stari trg

Stari trg

Stari trg



2 km



1 km



# Krtoli

## THE GATEWAY TO THE LUŠTICA PENINSULA

At the narrowest point of the Luštica peninsula, several settlements huddle together. The origin of the name Krtoli, as this area is called, is unclear. Some think the place was named after the local word for potatoes. In the 1540s, a local captain is said to have

brought them to the area. Others suspect the origin in the word Cartolle (hill, fortress).

Today Krtoli continues to develop. New houses are being built, but still some authentic hamlets remain. They preserve the memory of life as it once was. There are still fishermen who do not live an easy life on the land of their ancestors, but a thoroughly beautiful one.

The settlements of Đuraševići, Bogišići, Radovići, Milovići, Nikovići, Kostići, Gošići, Brda, Krašići and Kakrc are located in the Krtoli area.

# Tivatska Solila

## BREEDING GROUND AND RESTING PLACE FOR "WORLD TRAVELLERS".

The name Solila comes from the salt pans where salt was once extracted here. In the meantime, the area was endangered by

uncontrolled hunting and fishing. Today, however, it is a protected nature reserve and so at most photos are "taken". And always carefully and at a distance, so as not to disturb the shy birds.

The Solila is one of the few remaining coastal wetlands and bird sanctuaries on the eastern Adriatic. Due to the abundance of food and shallow water, some bird species winter here. It is also a resting place for birds





**SOLILA HAS BEEN ON THE RAMSAR LIST OF WETLANDS OF INTERNATIONAL IMPORTANCE SINCE 2013 AND IS A CANDIDATE EMERALD SITE UNDER THE BERN CONVENTION.**

migrating to northern and eastern Europe. The approximately 150-hectare gem is located opposite the city centre of Tivat in Krtole Bay. It is the first protected area of its kind on the Montenegrin coast and one of the most important resting places for migratory birds.

Since 2013, the "Solila" nature reserve has been listed as a wetland of international importance under the Ramsar Convention. It is also a candidate as an Emerald Site under the Bern Convention and as an Important Bird and Biodiversity Area (IBA). Due to the importance and diversity of the habitat, it has been included in the preliminary Natura 2000 list.

Entry to the nature reserve is free of charge. There are benches along the footpaths and cycle paths to rest or contemplate nature. From two observation towers and a lookout point near the road to Krtole, the birdlife can be easily observed.

The reserve is home to 22 endemic species: five plant species, one amphibian and 16 insects. So far, 178 different bird species have been identified and recorded as being native to the Solila or frequenting it regularly. Cormorants, grebes, seagulls, coots and individual duck species are often seen in the shallow waters. This is the ideal feeding ground for shorebirds and various heron species. Grey herons, great egrets and little egrets can be observed throughout the summer. In spring and autumn, the voices of smaller songbirds such as wagtails, wheat-eaters, stonechats, various species of swallows can be heard and some birds of prey such as marsh harriers can be seen. During the breeding season in summer and autumn, the bird population decreases. Then the solila becomes a nesting site for typical Mediterranean sparrow species such as shrikes, reed buntings, warblers and others. The reserve is also visited by cranes and storks. In September 2020, two flamingos were sighted for the first time in more than ten years.

# Bjelila

**LIFE BY THE SEA IS NOT EASY,  
BUT IT IS BEAUTIFUL**

Small fishing villages like Bjelila are hidden gems of the Krtoli coast. Fishermen's huts, tavernas and vaults have been converted into holiday flats and are popular holiday homes, especially with families. The serenity of the place and the calmness of the sea radiates to its visitors. From Bjelila there is a beautiful view of the flower island of Ostrvo cvijeća and the islands of Sveti Marko and Gospa od Milosti. There are hidden coves that invite you to relax. The sea is crystal clear. Old wooden boats and fishing nets, oars, anchors and hooks add to the Mediterranean flair and romance of the place. The village has always been home to fishermen. Their way of life is passed down from generation to generation and is determined by the moody sea and the catch in the net. No nets, no catch! No catch, no life! Of course, amateur fishermen and sports fishermen can also pursue their passion in Bjelila, because there is always plenty of fresh

fish here. If you like fishing or would like to try it out, you can go out to sea with the locals. A unique experience for every guest. This is the best way to experience the Bjelila lifestyle.

Fish and seafood are the main dishes here: bream, sea bass, mullet, anchovies, mussels, prawns or calamari. A special delicacy is the fish soup, which is prepared from various types of fish. The main ingredient is red scorpion fish, which gives it its authentic taste. In addition, red or black risotto is often served, the colour of which comes from squid ink. Every household in Bjelila has its own homemade grappa and wine on offer.

Frutak is the name of a freshwater spring in Bjelila. This is where women used to come to wash their clothes. The "bijelile" (bleached) laundry is the reason for the present name of the place.





# Kakrc

## BY THE CRYSTAL CLEAR SEA

Kakrc is another tranquil village on the coast of Krtoli. The special microclimate of this secluded spot, the gentle wind, the air scented with salt and herbs, the wooden boats - all these blend together to create an atmosphere like an old postcard. A special feature of the seawater around Kakrc is that there are numerous submarine freshwater springs in this area. In addition, there is another spring located in the heart of the village. It is thanks to these circumstances

that the water around Kakrc is considered the clearest on the entire coast of Montenegro, according to the Institute of Marine Biology.

Kakrc is only three hundred metres from the Tivat - Krtoli - Luštica road, through which it is easily accessible. In the village there are about 30 old stone houses that have been converted into holiday homes. During the season in spring and summer you can stay here.







# Porto Montenegro

Porto Montenegro is located in the heart of Tivat and the Boka. The marina, with 450 berths, has first-class facilities and services. Attached is also a residential area with 350 high quality flats available for purchase or rent.

Porto Montenegro is a vibrant centre and offers a wide range of amenities. These in-

clude the stylish waterfront promenade, the 5-star Regent Porto Montenegro hotel and international fashion, food and delicatessen shops.

Porto Montenegro Marina is the first marina in the world to be awarded the TYHA Platinum Award by the British Marine trade association.



The resort and marina are considered pioneers in green initiatives. Therefore, in order to position itself as a sustainable destination, the highest environmental standards are emphasised in daily operations. Porto Montenegro offers a range of sporting and cultural activities. For those looking for a relaxing stay with cocktails and good entertainment, the PMYC infinity pool is the place to unwind. At the Latitude 42 nightclub, after a good meal, you can enjoy a drink by the pool at sunset and then dive into the nightlife. One floor above is the Panorama Restaurant, which offers modern European cuisine with exotic influences.

As a cultural and entertainment centre, Porto Montenegro offers numerous events for owners, crew members, visitors and locals.



# Luštica Bay

With Luštica Bay, a brand new residential and holiday area has been created on the peninsula of Luštica, which is steeped in history. It is picturesquely located in Trašte Bay with a view of the open sea and is one of the most significant and ambitious development projects in Montenegro.

The project will not only create prime real estate directly on the Adriatic Sea, but also a new community that will be home to seven hotels, two marinas and an 18-hole golf course, among other things. The 5-star Hotel Chedi Luštica Bay is already very popular with its international guests.

The gastronomic offer promises variety with both Mediterranean and international cuisine. The restaurants Villa Cesare and Toni's Bar, Lighthouse, Luštica Bay KiKI and Bistro 21 with its ice cream parlour Ciao Bella and a prosecco bar leave nothing to be desired.

The nearby Almara beach with its crystal clear water, first-class restaurant and beach bar is also part of the concept. For water sports enthusiasts, Marina Beach is the right choice. A beautiful retreat with gorgeous water is offered by the 21 Beach Club, sheltered by rocky cliffs. The private beach of the Chedi Luštica Bay is exclusively reserved for hotel guests and property owners.





The Luštica Bay Marina can accommodate boats and yachts up to 45 metres in length. A residential area by the golf course is also part of the complex and new facilities are constantly being added, such as the Home Glow furniture store and a pharmacy offering herbal-based medical and cosmetic products.

Luštica Bay is sustainably developed and operated and is a destination for all seasons.

## Discover Tivat

**ALL GOOD THINGS COME IN THREES: history, culture, tradition**

Everything in Tivat has its roots in history, culture and tradition. Every facet of life is built on ancient traditions. A story hides behind every door.

Tourism development, which the city has worked hard on, is also anchored in its tradition. For a long time, the city was known for its naval arsenal before tourism could develop in its present form. Tivat has been able to preserve the inestimable value of its own history and place it at the centre of its tourist orientation as a maritime destination. Today, the city is present on the tourist map of Europe. Thanks to the reflection on its own values and those of the Boka region.

Not only because of its location in the heart of the bay, but also in the perception of its visitors, Tivat is a place that has retained its Mediterranean flair and the soul of a coastal town. Happy festivities on the beach with fish and wine, the atmospheric singing of klapa choirs (traditional a capella groups), folklore, majorettes, the atmosphere at the Mediterranean theatre festival "Purgatorije", a game of boules, fishing, the sight of an anchored boat in the harbour or the most impressive sunsets of Boka - all this is part of a holiday in Tivat. No wonder, then, that whoever has been here once, always comes back.

The Tivčani, as the inhabitants of Tivat are called, are rightly proud of themselves and their beautiful city, where life is so relaxed. We show you what Tivat has to offer ...



# The Boka Navy

## THE GUARDIANS OF TRADITION

The "Bokeljska mornarica" was founded in the 9th century (more precisely: in the year 809) and is thus the oldest maritime association in the world. The civic association of the same name maintains the tradition of the Boka seafarers and is an active part of social and cultural life.

The richly decorated and precious uniforms of the members of the Boka navy have a long tradition. They are handmade from leather, velvet and silk and richly decorated with gold embroidery. The costume has been an intangible cultural heritage of

Montenegro since 2013. In the future, the "Bokeljska mornarica" will be recognised as an intangible world cultural heritage by UNESCO.

The Boka navy cannot be missing from any traditional event in the region. A special experience is the performance of the "Kolo Bokeljske Mornarice", their traditional dance. Its origin dates back to 13 January 809. The harmony, elegance and grace of the movements to the wonderful sounds of the brass band make you want to dance along.

# Gradska muzika

MUSIC IS THE HAPPINESS OF THIS TOWN



The locals love music and dance. Since time immemorial there have been village festivals, during which traditional songs, the "gajde" and "lijerice", used to be sung. Inspired by the naval wind orchestra of the 91st Austro-Hungarian Regiment of the Naval Arsenal, the inhabitants of Tivat founded their own wind orchestra as early as 1891. To this day, the so-called "Gradska muzika" is an integral part of traditional festivals and celebrations

and is always present when high-ranking officials or famous personalities are welcomed in Tivat. Today it is also called "Glazbeno prosvjetno društvo Tivat". No event in the city is complete without the Gradska muzika. It makes the music of the city. For generations, young people in Tivat have learned to play an instrument there. The town has also been home to a music school since 1964. Gradska muzika, however, has a much longer tradition.

Theatre Festival

# „Purgatorije”

THEATRE UNDER THE STARS



On warm evenings in August, the popular theatre festival "Purgatorije" opens in Tivat, organised by the Cultural Centre. The starry sky becomes the backdrop and great acting is shown on stage, telling the story(s) of Mediterranean life. The past comes alive before the eyes of the audience. The audience learns about intertwined cultures, habits, situations, life by the sea and

the longing for loved ones. Life becomes a game. No matter how busy the cultural and entertainment programme is in the city during the summer, "Purgatorije" always attracts large crowds. Organisers, actors and visitors alike love the event. "Purgatorije" is so much more than a simple festival.

# Tivat's sacred heritage

## DISCOVER THE SPIRITUAL SIDE OF THE CITY

Sacred buildings of the Catholic and Orthodox churches have been built in some of the most beautiful spots in Tivat. The sites were carefully and wisely chosen, such as on the coast, on hills or on islands. To this day, they are witnesses to the veneration of the saint, the coexistence and the togetherness of the inhabitants. In particular, many of the buildings located on the islands are protected as cultural assets. But the "Tivćani" themselves also take touching care of their town and everything their ancestors left behind. A special feature in Tivat is the Church of St. John the Baptist, which has both a Catholic and an Orthodox altar.

## The Church of St. John the Baptist and St. John's Church

On the hill separating Bogišići and Đuraševići stand two churches dedicated to St John the Baptist. Only a fence separates them. Fragments of frescoes indicate that there was already a church on this site

in the 13th century. Until the 1780s, there were two altars in the church - one Orthodox and one Catholic, with each congregation using its own altar for its services. St John's Church was built in 1776.





## The Church of St Anthony of Padua

The Church of St. Anthony of Padua (Crkva Svetog Antuna Padovanskog) is impressively situated on a hill in the village of Tripovići. From here you have a magnificent view of the bay of Tivat. It was built in 1734 on the foundations of an earlier building and has been the main parish church of Tivat ever since. It houses a painting of Saints Peter and Paul with the heart of Christ. It is the work of the Italian neoclassical painter

Francesco Potenza from 1818. An additional altar was built in honour of the Virgin Mary of the Rosary.

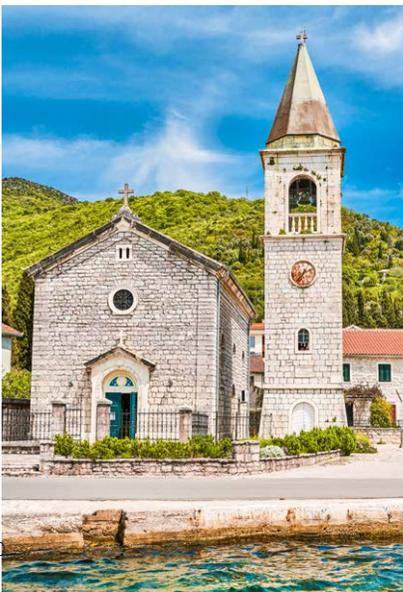
Saint Anthony is the patron saint of Tivat. Numerous services are held in his honour on 13 June. The cult of St. Anthony is particularly alive in the Bay of Boka. Three churches are dedicated to him, in Lepetane, Kalimanj and Tripovići.



## The Church of St. Sava

The Orthodox Church of St. Sava, built between 1938 and 1968, is located in the centre of Tivat. During the reign of the Serbian Nemanjici dynasty until the 14th century, the prince and later first Serbian archbishop Sava I founded the Serbi-

an Orthodox Church. In today's Montenegro, the veneration of St. Sava has a long tradition. Numerous churches were built in his honour. He is mentioned in religious calendars and narratives of rulers as well as in many folk legends. Springs, peaks and even a fasting period have also been named after him. St. Sava's Day is celebrated on 27 January with church and folk events.



## Church of St. Roch

Although it is only 120 years old, this Catholic church in Donja Lastva is well worth a visit. It houses an interesting icon of St Tryphon and the altarpiece of St Roch.

St. Roch of Montpellier is the patron saint against the plague and other diseases. Many miracles and cures are attributed to him.



## The Monastery of St. Michael the Archangel

The Orthodox Monastery of St. Michael the Archangel is located on the Island of Flowers (Ostrvo cvijeca), from where its second name Miholjska Prevlaka comes.

The first episcopate on the territory of present-day Montenegro, the Episcopate of Zeta, was founded in Miholjska prevlaka by Sava Nemanjić. In 1219 he built the monastery as the seat of the episcopate. With his brother Stefan the First-Crowned, he built it on the model of the monastery that already existed in this place in Byzantine times in the 6th century. Later, in the middle of the 14th century, the Serbian Tsar Dušan elevated the Episcopate of Zeta to the rank of metropolitan and granted the monastery the status of a

so-called sacred imperial lavra (larger monastic complex).

In the 15th century, the monastery Miholjska prevlaka was demolished by the Venetians. In the process, all the monks, over seventy in number, were poisoned. The first attempts to rebuild the monastery date back to the 19th century. In 1833, Countess Ekatarina Vlastelinović restored the church and built additional wings.

The monks returned to Miholjska Prevlaka on 26 August 2000 at a traditional event. For the first time in five centuries, since the poisoning of the monks and the destruction of the monastery, a monk was consecrated here.



ACTIVE HOLIDAY

# OUT INTO NATURE ACTIVE HOLIDAY

## TIVAT MOVES - BODY AND SOUL

The possibilities to enjoy nature are as diverse as the nature itself. On land as well as on the sea, near the coast or in the hinterland. There are hardly any sports that cannot be practised in Tivat. Those who love the water will get their money's worth in Tivat: swimming, sailing or diving, a tour with the sea kayak or a round of stand-up paddling on the calm sea. Surrounded by the dreamlike scenery of the Boka. Those who prefer to stay on dry land can take leisurely walks along the promenade or hike the heights of Vrmac on narrow paths. You can go faster by bike or, if you are looking for a sporting challenge, by mountain bike. If you want to take it easy, you can try a game of boules. Or you can prove your skills at golf or cricket. The possibilities seem endless. Let's go: discover Tivat from its active side.



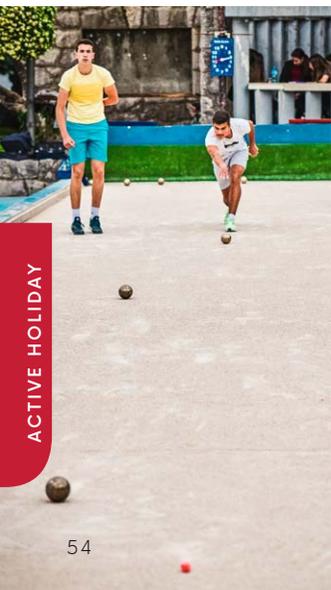


# Sailing

## HOW TO LIVE IN TIVAT

Sailing characterises the lifestyle of this city. Actually, a sailing boat should be the emblem of Tivat. The elegant boats with their white sails glide majestically over the waters of the bay and out to the open sea during regattas. The sailing club "Delfin", founded in 1951, was the first club of its kind in Montenegro. It has produced generations of accomplished sailors, many of whom sail to the top placings in major international competitions.

Young and old come together as members in the club - divided by Olympic racing classes. Tivat is known as a city of sailing and hosted the U21 European Championships and the 2021 Open European Trophy. The Porto Montenegro Yacht Club also hosts a number of regattas, such as the 44Cup, PMYC regattas and the Arsenal Cup.



# Boule

## A GAME WITH TRADITION

The game of boules was introduced in Tivat as early as 1903. The game is played on a fenced-in sand court, the so-called "zogovi". Tivat is the capital of boules competitions in Montenegro. A representative from Tivat is also always part of the internationally successful national team. Boule is popular among the locals of all ages. It is not uncommon to see a grandfather playing together with his grandson. The "Boule Olympics" take place in Tivat in the summer (July/August).



## BEACH LIFE

In Tivat there are about twenty beaches and other bathing spots to enjoy the sun and the sea. There is something for every taste: whether a pebble or sandy beach, a quiet spot in a hidden bay, modernly designed or a classic hotel beach - sometimes surrounded by pine trees, sometimes on an island, like Sveti Marko. Roll out your towel or make yourself comfortable on a deck chair. We show you some of the popular beaches in our municipality.



# Pržna -Bay

Pržna Bay is better known to most as "Plavi horizonti", which means "blue horizon". It is located on the Luštica peninsula. The beach there is one of the most popular in Montenegro. It can be reached by car in barely half



an hour from the centre of Tivat. Thanks to its clear water, it has been awarded the Blue Flag, a seal of approval for high quality standards. Surrounded by shady pine forests, it is sheltered from

the wind in a park-like landscape. You can enjoy long days at the beach on the soft sand or on the surrounding rocks and end the day with a magical sunset.



# Movida

Movida stands for beach life and party vibes. The beach and the restaurant of the same name are located on the road to Radovići, near Solila. It is also easily accessible by boat.

The sea here is crystal clear, the pebble beach very well maintained and equipped with modern beach furniture. From the restaurant on the upper floor, you can best enjoy the fantastic view of the bay. You can also charter a catamaran here and sail directly from the jetty towards the sun.

# Waikiki

Fine pebbles and turquoise sea make the beach in the Seljanovo district a paradise. Just two kilometres from the city centre, you'll find everything you need for a long day at the beach: comfortable loungers, excellent cocktails and great food.





MOVIDA



WAIKIKI

# Kalardovo

This beach is located between the airport and the flower island of Ostrva Cvijeća. The beach, which is a good two hundred metres long, is easily accessible and the water is shallow. This makes it popular with families. The beach has been awarded the Blue Flag thanks to the good quality of the water and also has healing mud. In addition to a restaurant, there is a basketball court and beach volleyball. Boredom is guaranteed to be a thing of the past.



# Ponta Seljanovo

The popular Ponta beach is within walking distance of Porto Montenegro and the centre of Tivat. A small lighthouse marks the headland on which this pebble-covered beach with some rocky areas is located. Ponta Seljanovo has always been popular with visitors.

## Verige

A good five kilometres from the centre of Tivat, on the strait of the same name, lies Verige beach. Several streams flow into the sea here, which is why the crystal-clear water is cooler than on other beaches in the bay. A welcome refreshment on a hot summer day! From the beach, the view extends to the island of Gospa od Škrpjela (Virgin of the Rock) and medieval Perast. At the southern end of the pebbly beach is the small chapel of the Virgin of the Snows. The beach is popular with anglers and divers because of the clear, fish-rich water and has

a mooring for smaller boats. A little further north, a lighthouse marks the entrance to the inner bay of Kotor.



VIEW FROM THE BEACH BAR "VERIGE"



# Nikki Beach Montenegro

"Celebration of Life" is the motto of Nikki Beach Montenegro. The luxurious 5-star lifestyle hotel with swimming pool and beach club concept is a new flagship on the coast of Tivat. Here, well-known DJs play and the Nikki Beach Worldwide dance troupe thrills visitors with their performances.

With the white parasols, wooden furniture, rustic décor and design elements of boho chic, the distinctive Nikki Beach style comes alive. The focus is on the brand's six leitmotifs: music, gastronom-

ic experience, entertainment, fashion, film and art. Nikki Beach also positions itself in culinary terms with its distinctive creations: Seafood, sushi, healthy salads, Mediterranean cuisine specialities and regional traditional recipes from the Balkans.

The boutique hotel Nikki Beach is located directly on the beach with a view of the islands Sveti Marko and Gospa od Milosti. It has a total of 45 luxurious suites and hotel rooms. The hotel's facilities include wellness treatments, a swimming pool, saunas, a Turkish bath and a fitness room.

# FUN AND ENTERTAINMENT



## TIVAT'S PULSE BEATS BY DAY AND BY NIGHT

In Tivat, traditional festivals, club beats by hip DJs and the sounds of classical orchestras come together. So everyone gets their money's worth. Whether young or old, modern or traditional. Whether at an open-air festival on a glorious summer's day, in a chic club, looking at the catwalk of a fashion show, at a classical concert on the Pine promenade, in an exuberant mood when a regional music star fills the stage in front of the sailing ship "Jadran" with life or a street artist shows off his skills. Tivat offers all this and has become a popular event destination with its diverse range of events.

With stylish locations on land or parties on board, Tivat ensures entertaining days and endless nights.



# Žučénica fest

The "Žučénica festival" in Tivat is all about chicory. This nutritious and healthy wild plant has enabled people to survive during the famine years. Reason enough to put it in the spotlight today.

This is exactly what the skilled housewives of the Boka (the women's organisation of Tivat) want. They created more than 200 dif-

ferent recipes for dishes, drinks and desserts and launched the "Žučénica festival" in 2004. Since then, it has become a permanent fixture in Tivat's calendar of events.

Anyone who is a guest in Tivat at this time should definitely try the delicacies made from chicory, such as cakes, pies, ice cream, cocktails and all kinds of delicacies.



# Lastva festivities

Every first Saturday in August, the Lastva festival takes place in Gornja Lastva. At this typical coastal festival, the "Bokeljska mornarica", the town orchestra and the Klapa choirs are not to be missed. The traditional dance of the Boka navy is an integral part of the programme, as are the "evenings in the mill" or the atmospheric singing of the choirs.



# International Carnival of Tivat

Tivat also has its carnival! Although it is the youngest event of its kind on the Montenegrin coast, it enjoys great popularity. The carnival takes place in June and marks the beginning of the summer season. Over three days, carnival groups from all over the world come together. Besides the parade and the central event, a party in Pine, there is a masquerade ball on the water and one for the diplomatic corps. And, of course, there will be a children's carnival.



# GASTRONOMY





# How Tivat tastes

**BETWEEN INTERNATIONAL CUISINE AND BOKA  
CULINARY TRADITION**

This is Mediterranean joie de vivre: the family sits together at the table and enjoys the lovingly prepared dishes. Made from fresh ingredients from their own garden, from nature and from the sea. This tradition has survived the centuries in Tivat. The people here are hard-working by all means, but they also love to enjoy life. Native olive varieties (Žutica, Lombardeška, Crnica) as well as Italian (Lećino) and Croatian varieties (Oblica, Levantinika, Lastovka, Istarska bjelica) thrive on the terraced fields supported by stone walls. But figs, grapevines, carob trees,



FISH BAKED IN PAPER

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TRADITIONAL  
MEDITERRANEAN CUI-  
SINE SERVED IN A  
MODERN WAY

lemon, orange and cherry trees are also grown. And nature provides wild edible fruits like those of the strawberry tree. Fish and seafood are the staple food in the Boka region. The centuries-old culinary heritage is characterised by the creative combination of exquisite ingredients. The best way to experience the original taste is in the so-called rural households (seoska domačinstva) and in selected restaurants. If you take a look at the cuisine of the locals, you will often see dried figs (especially the Sušelica variety) and olives. Dishes with seafood, grilled or salt-baked fish, grilled octopus, various risottos, fish stews and aubergine dishes are typical. Common appetisers include ham



from the Luštica peninsula, cheese preserved in oil, olives, salted anchovies and, of course, a wine or bevanda (wine spritzer) to go with it.

But it is not only fish and seafood that are cooked in Tivat. The locals also love soups with meat or boiled beef with tomato sauce and boiled potatoes. Vegetables play an important role in all combinations. Hard-



THE FRUIT OF THE STRAWBERRY TREE



ASPARAGUS



AUBERGINES IN TOMATO SAUCE



RISOTTO



ly any meal is complete without wild chicory, chard, kohlrabi, aubergines, courgettes or asparagus. Salads seasoned with homemade olive oil are also welcome. It is worth choosing such dishes in a restaurant, a konoba or one of the rural households and getting to know the typical taste of the region.

You should also try the schnapps made from the fruits



of the carob, mulberry or strawberry tree. Or one of the special walnut or myrtle liqueurs. But don't overdo it! Very special and unique dishes are the hallmark of Boka cuisine.

The recipes are a well-kept secret and are passed down as a legacy from generation to generation. Here, food is honoured and celebrat-

ed. Tivat has some of the best restaurants serving Mediterranean as well as international dishes. Many restaurants put a modern twist on traditional dishes, serving them differently and creating new creations. And of course there are speciality restaurants, such as sushi bars. As is often the case in Tivat, you are spoilt for choice.

## GRILLED SEA BASS

Start a fire and build up an ember. Not too hot so that the fish does not burn. Clean the fish, place on a tea towel and pat dry so that it does not stick to the grill. Season with coarse sea salt.

Set the fish aside and cover. Pour the marinade of parsley, garlic and olive oil over the grilled fish and serve.



# Lepetane

TOO BAD TO JUST  
DRIVE ON

Both in the mountains and on the coast, there are still places that Montenegrins simply drive past on their way from A to B. Lepetane is one of these places. Lepetane is one of these places.

When you think of Lepetane, the first thing that comes to mind is the Lepetane - Kamenari ferry. It is located on the eastern side of the Verige Strait, which connects the bays of Tivat and Kotor. There, the settlement stretches from the shore of the sea up to the green slopes with their olive trees. A few wild animals live peacefully in the forest above the settlement. You don't see much of them, at most when an eagle flies over the sheep and scares the chickens a little. A visit to the rural household "Giardino Lepetano" and a tour of

the village is recommended. An unforgettable experience. Immerse yourself in the beauty and tranquillity of nature and enjoy the warm hospitality of the hosts there. In an old stone house, a kind of museum, a young fifth-generation fisherman is waiting to prepare the best fish together with his guests. And he has a lot to tell. Listen to legends about the place and get to know the locals. There will be a lot of laughs and in the end the stories will seem very real to you.

Lepetane is the place of fishermen and sailors. They return home from their great voyages with new experiences. There they invite friends from far away to join them and their sea, which is dearer to them than any they have sailed across.



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